

ce-cold metal can freeze to your skin instantly. That's not too pleasant. But cold-weather mittens are too bulky for doing most kinds of maintenance. So what's a soldier to do in cold weather?

Use anti-contact gloves. These cotton gloves have leather palms and will keep your fingers from sticking to metal. Here are NSNs for the gloves:

NSN 8415-00-227-	Size
1220	Small
1221	Medium
1222	Large

Never wear the anti-contact gloves alone longer than you have to. They're meant to protect your hands from freezing to metal, not from freezing in general.

## Mitten Liners

